



YEAR OF THE HOLY SPIRIT

2026

AÑO DEL ESPÍRITU SANTO





YEAR OF THE HOLY SPIRIT

INSTRUCTIONS

For each phase, there will be six items presented:

The (1) Question and (2) Scripture are simply for personal reflection, to kindle the fire within us and keep us focused on the goal of that particular phase.

We can then offer a Rosary, chaplet, novena, time in Adoration, or even our participation in Mass for the (3) Intention, as often as we want.

The (4) Invocation can be memorized and said several times each day through the phase.

The (5) Tool is for us to learn some important skill that will help us cooperate with the Holy Spirit for spiritual growth. Practice Teams are small groups that will meet regularly to prayer together, support each other, report on experience with the tool, and then make adjustments to keep working on it.

Finally, the (6) Prayer may be prayed once, once a day, once a week, as a part of gatherings, or as a novena.



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Preparation Phase (Advent)

Question:

Do I recognize any needs or deeper desires?

Scripture:

“Did you receive the Holy Spirit when you became believers?” They answered him, “We have never even heard that there is a Holy Spirit.” (Acts 19:2)

Intention:

That the Holy Spirit will prepare us to desire an amazing year of personal & parish transformation.

Invocation:

Come Holy Spirit, the door is open to You.

Tool:

Advent Preparation Guide

Prayer:

Prayer to the Holy Spirit



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Advent Preparation Guide

For several prayer sessions over the coming days or weeks, we are invited to ponder the following questions, then write down our top 3 answers:

1. What do I desire of the Holy Spirit?

- _____
- _____
- _____

2. What could get in the way of that?

- _____
- _____
- _____

3. Who can I team up with to work on this together?

- _____
- _____
- _____

If you are willing, please submit a copy of this page, filled out, with your registration.



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Prayer to the Holy Spirit

O HOLY SPIRIT, Third Person of the Blessed Trinity, Spirit of Truth, of Love and of Holiness, proceeding from the Father and the Son and equal to Them in all things, I adore Thee and love Thee with all my heart. Teach me to know and seek my last end; grant me the holy fear of God; grant me compunction and patience, and suffer me not to fall into sin. Grant me an increase of Faith, Hope and Charity, and bring forth in my soul all the virtues proper to my state of life.

Make me a faithful disciple of Jesus Christ, and an obedient child of Holy Church. Grant me an efficacious grace to keep the Commandments and to receive the Sacraments worthily. Grant me the Four Cardinal Virtues, Thy Seven Gifts, Thy Twelve Fruits. Raise me to perfection in the state of life to which Thou hast called me; and lead me, through a happy death, to life everlasting through Jesus Christ Our Lord. AMEN
